



Parent Name _____ Parent Phone _____

Parent Email _____

Athlete Name _____ Age _____ Grade _____

Height _____ Weight _____ Bat Length _____ Bat Weight _____

Throws: Right / Left (Circle) Bats: Right / Left Primary Position _____

Secondary Position _____

	Ave	1	2	3	4	5	6	7	8
Bat Speed									

Bat Speed	Below Average	Average	Elite
8 U	35	40	45
9 U	41	45	50
10U	>40	50	60+
11 U	>50	57	65+
12 U	>50	57	65+
13U	>65	65-72	73+
14U	>65	65-72	73+
15U	>70	71-73	77+
16U	>73	79	83+
17U	>77-80	81	86+
18U	>80-83	88	90+
College	>82-84	89	91+

	Ave	1	2	3	4	5	6	7	8
Arm Velo									

Velocity	Below Average	Average	Elite	Goal
8 U	>39	40	42	45+
9 U	>44	45	50	50+
10U	>47	48	53	55+
11 U	>52	55	60	60+
12 U	>53	58	63	65+
13 U	>69	73	76	77+
14U	>72	77	79	85+
15U	>75	78	82	88+
16U	>79	80	85	86+
17U	>80	85	88	90+
18U	>83	86	90	90+
College/ Pro	>88	88	90+	90+

Speed & Agility Eval				
Deep Squat				
Shoulder Mobility				
Active ASLR				
	<table border="1"> <thead> <tr> <th>Below Average</th> <th>Average Elite</th> <th>Elite</th> </tr> </thead> </table>	Below Average	Average Elite	Elite
Below Average	Average Elite	Elite		

Speed & Agility Eval			
Acceleration Mech			

Pitching	1	2	3	4	5	Total Score
Location						
Mechanics						
Velocity						
						/ 15

Fielding	Below Average (2)	Average (3)	Above Average (4)	Elite (5)	Total Score
Footwork					
Throwing Location					
Throwing Velocity					
Hand Quickness					
Range					
					/25

Hitting Eval			
Lands With Open Foot		Lands with Closed Foot	
Drops Hands		Keeps Hands Up	
Bends Over @ Waist		Stays Upright & Stacked	
Hits Ball Deep In Zone		Hits Ball out in Front of Plate	
Arm Bar		Flexion in Arm	
Flat Bat		25 - 35 Degree Angle	

Hitting Eval			
Stiff Back Hip		Mobile Back Hip	
L to a V		Stays with an L	
